



St. Paul's United Methodist Church

“Ministry”

September 2013

From the Pastor

Hello St. Paul's family,

August has been a very exciting month and I am ecstatic to see the opportunities that are starting to happen. The major event for me in ministry was to actually be part of the Uniting Conference in Salina, and to see clergy from all of Kansas and Nebraska work towards a unifying vision of becoming the Great Plains conference. But I have to backtrack a little and thank you all once again for allowing Beth and myself to go down to Rogers, Arkansas and be part of the RENEW retreat. This gave us an opportunity to get away and be together in a wonderfully loving environment. We also got to meet some great clergy and develop some new relationships with clergy from the Wichita area.

Now as I said, August has been a very exciting month. One reason is that we saw that people are interested in ministry here at St. Paul's. In our time together with Reverend Micki McCorkle, the Coordinator for Small Membership Churches, we shared ideas for ministry here at the corner of 13th and Broadway. There are some great opportunities that are just on the horizon and I look forward to talking with you about them. But I have to wait a little longer. I have started meeting with other United Methodist pastors from the downtown area and I am looking forward to developing relationships with Kent Rogers, Michelle Reed and her husband Greg, Todd Guinn, and several other pastors along with Matt Brown the Youth Director at First UMC. God is starting to open up some doors for great ministry opportunities but it is going to take all of us to make it happen. Which finally brings me to one last thought, and that is stewardship. I know God has plans for St. Paul's and part of that means that we must be good stewards and help support this ministry with our time, talents, and finances. So please be in prayer as we start our stewardship campaign in the near future. I thank and pray for each and every one of you and all that you have done and will continue to do here at St. Paul's United Methodist Church.

Grace and Peace,
Pastor Jeff and Beth Goetzing

“The mission of St. Paul's United Methodist Church is to Teach, Share, and Witness the Love of Jesus Christ”

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September 2013

From the Parish Nurse

Hospitals can save you, but they can also harm you. So how can you stay safe in hospitals? Follow these 12 life-saving tips:

1. Never go alone. Always bring someone else—a trusted family member or friend—with you. That person will be your primary advocate, and can serve as an extra set of eyes and ears to help make sure you are safe. (This tip applies to routine doctors' appointments too; always bring your advocate with you.)
2. Determine, in advance, the goals of the hospitalization. Before you go to the hospital, ask your doctor why you need to be hospitalized. Is it necessary, or is outpatient care possible? What is the goal of the hospital stay? How often will that goal be assessed? Can you choose which hospital to go to, and when you should go?
3. Prepare. Bring all the things you would normally bring with you to a doctor's appointment, including a list of your medical problems and allergies. Don't assume that the hospital will have your records. It's very important to bring all the pill bottles that you take so that there will be no mistake about what dosage and how often you take your medications. Keep your main doctor's phone number and your advocate's phone number handy (though your advocate should be going with you to the hospital).
4. Meet your care team. Find out who is in charge of your care: is it your regular doctor or a hospitalist doctor? Introduce yourself to her, and to your primary nurse. Meet the patient care tech, the nursing assistant, and the other members of your healthcare team. Tell them about yourself, and find about them. The more they get to know you as a person now, the more they will help to answer your questions later. Your advocate should also get to know your care team.
5. Know who to call for help and how. Who will be the night-duty doctor and nurse, and how can you reach them? If you are in trouble, or if your advocate sees you're in trouble, how will you get help? Many hospitals have a "rapid response team" or a "code team" that come to assist in emergency situations. Can your advocate activate this team himself?
6. Ask about every test done. Don't just consent to tests. They all have risks, so ask about them. Why is your blood drawn every morning—what is the purpose? Why are you getting the CT scan? You should discuss every test with your doctor in advance of doing them, and have a thoughtful discussion about risks, benefits, and alternatives.
7. Ask about every treatment offered. If you're being started on a new medication, ask about what it is, what the risks are, what the alternatives are, and why you need it. If you're told you need a procedure, make sure you discuss it with your doctor.
8. Keep a record of your hospital stay. Your advocate may need to help you with keeping a careful record. This includes your tests (make a note of what you get done and ask about the result), medications (write down when each medication is given and double-check it's correct), and providers who come to see you (write down names of specialists and their recommendations). A detailed record helps to prevent mistakes, coordinate your care, and keep you on track.
9. Attend bedside rounds. Doctors and nurses usually have rounds at least once a day to discuss their patients. Find out when rounds happen and ask if you and your advocate can attend. This is your time to find out what's going on with your care. Prepare questions to ask during rounds.



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Parish Nurse (continued from page 2)

10. Know your daily plan. Rounds are a good time to ask about what is happening that day. Are you doing more tests? More treatments? Are you on track, or did something unexpected happen? When can you expect to go home?
11. Keep your eye on infection control. If someone comes into your room, ask him to wash their hands. If someone is doing a procedure on you, ask her to follow an infection control checklist. Hospital-acquired infections kill 100,000 people every year, and you can help prevent them.
12. If something isn't right, speak up immediately. Remember that it's your body and you know yourself the best. Get help if you develop new or worsening symptoms. Empower the person you're with to speak up for you if you can't.

All of these tips may sound like a lot of work, and you may be wondering why it's your job to do all of this. After all, aren't you the patient, the person who is feeling unwell and seeking help? By and large, doctors and nurses are well-meaning, and most of the time, the system is working well and you will get good care. However, mistakes do happen—and you and your advocate can help prevent medical error. Follow the tips above to make sure that you are safe and well during every hospital stay.

Submitted by Dolores Kinkead, Parish Nurse

THIS MONTH'S
* birthdays *
September

Alejandro Alvarado	2	Dalton Hunn.....	16
Dorothy Potter	2	Darlene Jesse.....	16
Heidi Sterner.....	2	John Skinner.....	17
Monica Nienstedt.....	5	Sean Frangenberg.....	19
Erin Brady.....	6	Mary Handkins.....	20
Mary Nguyen	6	Easton Scheer	20
Robert Burris	7	Duane Simpson.....	22
Elton Powell.....	7	Amanda Jones.....	23
Bryant Keirns	10	Tuan Nguyen	23
Stan Gray	11	Kendra Simmons	23
Wayne Moore	14	Lilly Willis	29
Mike Matson	15	Andrea Simmons.....	30
Nancy Powell.....	15		



**Deadline for the October "Ministry" newsletter is
Monday, October 21, 2013**



September 2013

Report from Rev. Micki McCorkle

“Dear Friends at St. Paul’s UMC,

It was a great joy for me to be a part of you this last Sunday (August 18). Thank you for allowing me to be your facilitator as you move into the next phase of life and ministry at St. Paul’s.”

Shalom, Rev. Micki McCorkle
Small Membership Churches, Great Plains Area

Rev. McCorkle also sent a report of the meeting but it is very lengthy. I have forwarded the report to those of you who have e-mail. If you have e-mail and have not received the report, please call the church office. Those of you who do not have e-mail and would like to receive the full report, please contact the church office for a copy.

Don’t forget to reload your Dillons reloadable cards. St. Paul’s receives 5% from all sales. Cards can be purchased from Parish Nurse, Dolores Kinkead, for \$5 and they have been preloaded with \$5. Take the card to Dillons and have any amount you wish up to \$500 loaded onto them.



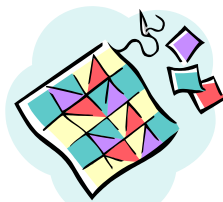
Thank you to all of those who continue to reload and use their cards.

Finance Planning 2014

The summer is almost over and it is time for the church to begin planning our budget for 2014. The balance sheet for this year has been up and down around the red line, so we will have to look carefully at all our budget items. In past years, we have been able to maintain a small reserve in St. Paul’s checking account, but this year it has disappeared and we are having to borrow a small amount from the Designated Funds (last month, it improved to less than \$400 being borrowed). All the Church committees need to prepare their requests for budget items next year. October will be stewardship month, so that would be the ideal time to submit the requests.

We want to thank the whole congregation for their prayers, service and gifts this year, and in all the other ways that you support your commission from our Lord, Jesus Christ. The meeting with Rev. Micki McCorkle was a great fellowship of planning and seeking out the interests and support of the congregation. I am excited, and I hope that all of you are excited to see what the new year will bring for the people of St. Paul’s.

St. Paul’s Quilters have just finished a beautiful queen size quilt. Drawing for the quilt will take place at the annual Chicken Noodle Dinner in January. Cost of the tickets are \$1 each or 6 tickets for \$5. They will be available from the church office or from a member of the United Methodist Women beginning August 1. The quilt will be on display at the church. Also, those who would like to sell tickets, they will be available from the church office and also a picture of the quilt.





September 2013



St. Paul's Trash to Treasure Sale

Friday, October 4 and Saturday, October 5, 2013

From 8 am to 5 pm in the church basement

Other items for sale include:

Light lunch, Homemade noodles, Pecans, Tickets for the quilt,
And possibly smoked meat

Donated items for the sale can be brought to the church on
Sundays or during regular office hours.

Brown Bag Mission Project Fundraiser

We continue to take donations for the Brown Bag Mission Project. With your donation of \$5 for each bag, a bag is given to someone in need of a meal. The cost of the bag is around \$2 with the remaining \$3 given to Missions and Ministry.

To date 70 bags have been sponsored by members and friends of St. Paul's. Thank you for your continue support. If you have questions or would like to make a donation, please contact the church office at 316-267-3263.





September 2013



St. Paul's congregation extends their prayers and sympathy to:

- Sandra Simmons and family in the death of her mother and member of St. Paul's, Esther Marie Kinsey, on August 3, 2013.
- Raelene Bowman, Rene McCurry & Raymond Bowman II, in the death of their mother and member of St. Paul's, Ruby Bowman on August 13, 2013. Memorial has been established with Victory in the Valley, 3755 E. Douglas, Wichita, 67218.
- Lucy Cary and family in the death of her sister, Kathy Freed, on August 17, 2013.

Scholarships

Congratulations to four students who received scholarships from St. Paul's on Sunday, August 4, 2013. Recipients are:

- Daniel Gilchrist—Wichita State University—Electrical Engineering
- Thomas Nguyen—DeAnza Community College, Cupertino, California—Business
- Marcy Urban—Wichita State University—Music Performance
- Alivia "Libby" Willis—Washburn University, Topeka, Kansas—Masters in Social Work

United Methodist Women

St. Paul's United Methodist Women will meet on Wednesday, September 11. General meeting is at 10:30 am and the covered dish luncheon is at 12:30 pm.

Reminder: Continue to bring personal hygiene items for Women's Crisis Center and Campbell Soup labels for McCurdy School.

Bierocks

We are now taking orders for Bierocks that will be made on September 21 and will be ready for distribution on September 22. Cost is \$2 each or \$20 for one dozen. Please fill out the blanks below and give to the church office or call during regular office hours.

Name: _____

Telephone Number _____

_____ Individual Bierocks @\$2.00 each Total _____

_____ Dozen Bierocks @\$20 a dozen Total _____

Noodles

Fresh home made noodles are for sale. Cost is \$3.50 a quart bag or 3 quart bags for \$9. They can be purchased by contacting the church office at 267-3263 during regular office hours



September 2013

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																				
1	2  Office Closed	3  QUILTING GROUP 6:00 PM	4 7:00 PM Choir Practice	5	6 Office Closed	7																																																																																																				
8 12:30 PM Dutch Treat Dinner	9 2:00 PM Spiritual Nurturing 7:00 PM Band Exercise Class	10  QUILTING GROUP 6:00 PM	11 10:30 AM UMW 12:30 PM UMW Luncheon 7:00 PM Choir Practice	12 5:30 PM "Fund Raising" Task Force Meeting 6:30 PM Administrative Board	13 Office Closed	14																																																																																																				
15	16 7:00 PM Band Exercise Class	17  QUILTING GROUP 6:00 PM	18 7:00 PM Choir Practice	19	20 Office Closed	21 9:00 AM Make Bierocks																																																																																																				
22 Fellowship Dinner	23 6:30 PM UMM 7:00 PM Band Exercise Class	24  QUILTING GROUP 6:00 PM	25 7:00 PM Choir Practice	26 9:00 AM Fidelity Bank 7:00 PM SPPRC	27 Office Closed	28																																																																																																				
29 <div style="border: 1px solid black; padding: 2px; width: fit-content;">Prepare for Garage Sale</div>	30 7:00 PM Band Exercise Class	<table border="1" style="margin: auto;"> <thead> <tr> <th colspan="7">Aug 2013</th> <th colspan="7">Oct 2013</th> </tr> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td> <td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td> </tr> <tr> <td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td> <td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td> </tr> <tr> <td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td> <td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td> </tr> <tr> <td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td> <td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td> </tr> <tr> <td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td> <td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td> </tr> </tbody> </table>					Aug 2013							Oct 2013							S	M	T	W	T	F	S	S	M	T	W	T	F	S					1	2	3					1	2	3	4	5	4	5	6	7	8	9	10	6	7	8	9	10	11	12	11	12	13	14	15	16	17	13	14	15	16	17	18	19	18	19	20	21	22	23	24	20	21	22	23	24	25	26	25	26	27	28	29	30	31	27	28	29	30	31		
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**St. Paul's United
Methodist Church**

1356 North Broadway
Wichita, Kansas 67214

Phone: 316-267-3263
E-mail: stpauls@st-pauls-umc.org

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Pastor: Jeff Goetzinger
pastorgoetzinger@gmail.com

Administrative Assistant: Marsha Simpson
marsha.simpson@st-pauls-umc.org

Custodian: Daniel Gilchrist
Conchita Aguilar

Parish Nurse: Dolores Kinkead
e-mail: parish.nurse@st-pauls-umc.org
Office Hours: Monday, 9 AM to 12 Noon

For prayer requests:
E-mail: prayer@st-pauls-umc.org

Sunday Worship

Sunday School 9:15 AM
Fellowship Time 10:30 AM
Morning Worship 10:45 AM

Church Office Hours

Monday, Wednesday, Thursday
8:30 a.m. to 5:00 p.m.

Tuesday
7 a.m. to 11 a.m.

Closed on Friday

e-mail: stpauls@st-pauls-umc.org
Phone: 316-267-3263
Fax: 316-267-3264